April 2008

Brewing in the Big Leagues

Friday, April 18. Treehouse . 7:30pm

Mike Dewey, from Mt. Carmel Brewing, will be at this month's meeting to tell us about his transition from homebrewer to brewmaster and brewery owner. If you have ever wondered what it takes to get your homebrewed beers out of your basement and onto store shelves, this is the meeting for you. Mike will spend some time talking about what motivated

him to get started and what his experiences were with the various permit processes involved. In addition to the raw mechanics of how to navigate the regulatory hurdles, he will share some insight into the Cincinnati craft brewing scene and the philosophy of Mt. Carmel Brewing Company. Bring your questions and be ready for a whole lot of good information. Directions to the Treehouse on page 9



2008 Bloatarian Open

Mike Carver . Competition Director . mcarver@hotmail.com

This year's Bloatarian Open is less than a month away! For those of you who don't know what it is, the Bloatarian Open is a BJCP/AHA sanctioned clubonly homebrew competition that takes place in May. This year's competition will take place on Saturday, May 10th at Listermann's. Registration will begin at 5:00pm with the judging starting at 6:00pm. Unlike previous years, we will not have a regular monthly meeting before the competition, so we should be able to get started on time.

New this year – All homebrew entries and judge/steward sign-ups will be done online at www.bloatarian.org. The link to the entry form can be found on the main page. You should provide the entry style, BJCP

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Election '08

Jennifer Hermann

It's not just a new President of the United States that we will be electing November, but also a new Bloated Board for the 2009-2010 term. We are now accepting nominations for President, Vice President, Secretary, Treasurer and Newsletter Editor, If you are interested or have questions to ask, please talk to any one of the current officers or an elder Bloat. November is only 8 months away and we need YOU to keep this club going!

Incidentally, the Bloated Board meets on the first Monday of month (unless it's a holiday) and is open to any and all Bloatarian members. The next of our "Visiting Boards" will meet Monday, May 5th at the D&J Manor. See page 7 details and directions.

Little Help?

"Does anyone have a supply of 6 ft tables and chairs?

We are in need of 5-6 tables (plus chairs) for this year's **Bloatarian Open.**

Please contact lennifer! bathingotis@yahoo.com Bosmopolitan is the official newsletter of the Bloatarian Brewing league (BBL), the original homebrew club of the Greater Cincinnati area. Annual dues are \$15, and include an electronic subscription to this newsletter. (A paper subscription is \$5 extra)

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Meeting Policy

All members and guests are required to abide by the following rules at all club meetings and events: Learn something new, teach something you know, bring something good to share (bring more than you drink), taste small samples, give other brewers lots of comments (good or bad) on their beers, and don't drive if you feel even slightly affected.

Editor's Address

Andy Melchers 3023 Hull Avenue Cincinnati, OH 45211 phone: 513-662-1431 email: amelchers@fuse.net 4

Advertising Rates

Advertising is graciously accepted.

The rates are as follows:

Full page: 1 issue: \$32, 3 issues: \$75 Half Page: 1 issue: \$17, 3 issues: \$40 Quarter Page: 1 issue: \$10, 3 issues: \$25

Contact the editor for more information, including submission requirements. Back issues are available at no cost on the BBL website at www.bloatarian.org/ 🚎

Club Officers 2007-2008

President: Jennifer Hermann

513-522-2436 bathingotis@yahoo.com

Vice President: Ray Snyder

513-759-2573 raysnyder@fuse.net

Treasurer: Kevin Spatz

513-791-9355 kevin.spatz@bostonbeer.com

Temp Secretary: Bryan Evenson

bevenson@cinci.rr.com

AHA Beer Update

At last count we're up to 43 donated kegs for the conference. I think there are still a few people that plan on donating that haven't contacted me yet. If you're one of these people, e-mail me at bevenson@cinci.rr.com or talk to me at a club meeting. Keep those kegs coming!

Most of the donated beer up to this point is still an undeclared style. When you know what it is you are bringing, please let me know so we can decide how to divide up the kegs. Please let me know by May 1 what you plan on bringing. Or if you've already told me and your plans change for some reason (keg went sour, neighbors killed the keg) keep me up to date.

Last but not least, we will need people to man the Hospitality Suite. We don't know yet which time slot we have or how many which makes planning a little difficult. I will let the club know as soon as I find out. I would like to get at least five volunteers; that would allow us to have three at



the booth at a time and at least one shift change. I know it's a lot of work standing next to the only open beer at the conference, but someone has to do it! If you think you'd be able to help out let me know.

e-mail me at bevenson@cinci.rr.com.

BBL Membership Application

Yes, I want to become the best homebrewer I can be, learn more about the art and science of brewing, and especially participate in the secret Bloatarian ceremonies! I certify that I am of legal age to consume alcoholic beverages, with a sincere interest in homebrewing, and am willing to abide by the club bylaws and other reasonable decisions of the club officers. I promise to behave responsibly around alcoholic beverages. By joining and/or attending BBL activities, I agree to take full respon-

	sibility for my own actions and waive any and all claims against club, club officers, members, or their designates.
	I also have \$15 to spare, so sign me up!
I	NAME:
l	PHONE:
1	ADDRESS:
l	CITY, STATE, ZIP:
	EMAIL ADDRESS:
	Check this box if you prefer to receive your newsletter by regular mail (\$5 per year additional fee)
	Signature (required)
	Return this form along with check (payable to the Bloatarian Brewing League) to: Keyin Sparz, 9557 Main, Cincippati, OH 45242

APRIL

5Group Brew Phil & Lisa McDermontt's

7Board Meeting Phil & Peggy Meyer's 7:30pm

18.....Monthly Meeting Treehouse 7:30pm

MAY

5Board Meeting D&J Manor 7:30pm

16.....Monthly Meeting Fries Cafe 7:30pm

UNE

2.....Board Meeting Westendorf's 7:30pm

18-20 AHA 2008! Radisson Sharonville

ULY

7Board Meeting Kevin Spatz's 7:30pm

18.....Monthly Meeting Treehouse 7:30pm

AUGUST

4Board Meeting John Zellers' 7:30pm

15 Monthly Meeting Listermann's 7:30pm

SEPTEMBER

1.....Board Meeting Ray Snyder's 7:30pm

19.....Monthly Meeting Treehouse 7:30pm

OCTOBER

6Board Meeting Andy Melchers' 7:30pm

17 Monthly Meeting Listermann's 7:30pm

NOVEMBER

3Board Meeting Listermann's 7:30pm

21 Monthly Meeting Treehouse 7:30pm

Upcoming Competitions

APRIL

19.....AHA National Homebrew Competition 1st Round East Region Columbus, OH

Contact: Frank Barickman Phone: (614) 354-8750

Entry Fee: \$9 for AHA Members; \$14 for non-members. Entry Deadline: 04/11/2008

MAY

10 Bloatarian Open! See page 1 for details

All board meetings are held on the first Monday of the month at Listermann Brewery Supply, 1621 Dana Ave., Cincinnati, OH 45212, 513-731-1130 unless otherwise noted. Meetings begin at 7:30 with a toast to cenosillicaphobia. All members are welcomed to attend. It's a good forum to discuss club business, new topics, not to mention a good excuse to get out of the house and enjoy a few good beers!

DISCOUNTS!

Hey, you! Fancy a discount? Come to the meetings regularly? Maybe you should be there more often seeing as Listermann's will be offering a 10% discount on all items purchased during club activities held at the shop!

2008 Bloat Open... cont.

category and subcategory, and any special ingredients (if appropriate). Entry deadline is May 1St.

All BJCP categories are open for entry and entries can be either kegs or bottles. If you are submitting bottles, we will need at least two for each entry (enough for two rounds of judging).

Cost - \$10 for unlimited entries. All first time competitors can enter as many as they want for free!

You can sign up to judge even if you're not a certified BJCP judge. We will probably have 18 flights this year, so that's a minimum of 36 judges. With a competition this large we can never have enough volunteers, so sign up at www.bloatarian.org. Remember, you don't have to be a member to judge or steward, so bring your friends from outside the club to help.

Even if you're not stewarding or judging, come by and socialize afterward and find out who won Best of Show. The awards ceremony will take place as soon as we have the scores tabulated. After the competition is over we will be grilling burgers and brats, and I think there might even be some beer left over to drink!

You Can Find Me In The Club...

Club night will be upon us before we know it! June 20th from 7:30-11:30 is the big event. Please stay tuned and check your email often if you are not yet attending. Rumor has it that there will be a limited number of tickets available for purchase for Club Night only (and Pro Brewers Night). It will be first come, first served.

We are still in need of many volunteers to assist with this HUGE endeavor. We will be soliciting heavily at the next meeting, but please sign up now if you can make the commitment. This is not something that just 6 people can pull off! I need at least 12 more volunteers – some to help me with the overall functioning of Club Night and some to booth sit for an hour at our table.

We need volunteers for late night hours: 9:30-10:30 and 10:30-11:30 and at least 4 to assist with tearing down, 11:30-midnight. It's safe to say that if we don't have enough volunteers, we will not be able to pull off everything that we have planned. PLEASE show your support!

The Bloated theme for our booth will loosely involve flying pigs and Bloatarianism. Current plans are underway for mini pulled pork sandwiches, flying pig handles, flying pig hats and scripture readings. If you have comments or suggestions, please email Nancy Foster, jfoster928@cinci.rr.com or Joanne Feiertag, mfeiertag@cinci.rr.com.



Beer & Deer Saturday May 24 . 2:00pm

Rob Westendorf

The 9th annual Westendorf Spring Party, christened "Beer and Deer," will be held **Saturday**, **May 24th.** Originally part of the Bloatarian Group Brew calendar, the party has grown so big that I no longer have the time to squeeze in a brew session on the same day! I'll just have to plan for it being a day for reducing my inventory, instead of increasing it.

Beer and Deer is our celebration of the coming of summer. We'll fire up the smoker, the grill, and the deep fryer, all at the same time. While the menu is not yet firm, it will definitely include Roxanne's famous juniper berry smoked brisket, grilled polenta, and deep fried cheesecake rolls. Oh, and there might be a homebrew or two available. You don't need to bring anything, but side dishes and kegs are welcome (bottles too.) The party gets underway at 2:00, with the main portion of the food planned for 4:00. We hope to see you there!

Directions: From I-275 take exit 33, Colerain Avenue (on the northwest side of Cincinnati). Go north on Colerain 1/4 mile, to left on Dry Ridge Rd (it looks like you are turning into Lowe's). Bear right at the stop sign to stay on Dry Ridge, and go approximately 1/3 mile to right on Deerhollow. We're in the right corner of the cul-de-sac, at 10296 Deerhollow. If you get lost or have questions, feel free to call at 245-1224.

Indy Craft Beer Festival

Saturday, May 3, 2008 . 2-6 PM

Brew a crowd-pleaser and win a gift certificate to Great Fermentations and a Kinetico water treatment system--first place is a \$1,600 Kinetico Reverse Osmosis Water System! And there's more...your winning beer will be show-cased at Hot Shotz Pub at 4705 East 96th Street.

The entry fee for the competition is one five gallon keg of beer for the festival. Your beer entry will get you two tickets to the festival and enter you in the contest. If you just want to go to the festival, tickets are \$35 (\$40 the day of the event) and are available at Hot Shotz.

If you want to enter, you need to act fast because the deadline is approaching. http://www.indycraftbeerfest.com

Entry form available here

For Sale

I have 2 Propane burners For Sale. I believe they are 55,000 BTU. The kind that typically come on turkey cookers. I believe \$15 each or \$25 for both would be a fair asking price!

Thanks,

Doug Lasenen dlasanen@fuse.net

DUES INCREASE

The Board has voted to increase annual dues by a small margin. Your dues help to provide many behind-the-scenes items that we take for granted at each meeting or event, such as food, cups or other event specific items.

The proposed and approved amendment sets dues at \$2 per month for a total of \$24 per year. Family memberships still receive the single member rate when the members reside in the same household. Renewing members can pay the monthly amounts to finish off 2008 and beginning Jan 1, 2008 ALL MEMBERS will be reminded of dues payable for the year.



Bosmo sez: Start brewing now for Beer and Sweat!



Jennifer Hermann

Have you ever divided a batch of beer and pitched each with different yeast? Do you remember how amazed you were at the difference in taste and aroma? Yeast is such a magical mystery and so much fun to play with. I remember one of my first Bloatarian meetings involved a yeast experiment and discussion given by Andy Griggs at Mecklenburg Gardens just about 5 years ago. The idea was to divide a batch of brew and pick 6 or 7 yeasts to pitch and then discover the similarities and differences. It was an amazingly cool eye opener! We are planning to do the same experiment which we will present at our time slot in the hospitality suite at AHA.

Dan Listermann has graciously offered to foot the bill for this entire experiment! All we need is 7 more volunteers to come and collect 5 gallons of wort in your carboy, pitch it with the "grab bag yeast", provide a proper temperature controlled environment for your yeast, keg the beer and donate the beer back to the club for our hospitality suite presentation. We will plan to have our Beer and Sweat taps set up to organize our presentation. What should we call it? Divide and Conquer??

Dan plans to create a low gravity, low IBU brew for this occasion. The style will be something along the lines of a cream ale. I'm sure that Dan would love to hear your other suggestions (HA!).

There is a Michigan based club that is planning to do much the same thing, but with a hop presentation. We hope to be able to coordinate our efforts! We don't yet know when our time slot will be for our share of hospitality time, but we will need volunteers! Please email Bryan Evenson if you are excited about this opportunity to help with our efforts in the hospitality suite! We will need at least 5 other Bloats to help out!

Dan will brew this beer on May 3rd at Listermann's. This is NATIONAL HOMEBREW DAY! The beer will be ready to be divided between 4-5pm. You will need to bring your clean and sanitized carboy (or pail) with you to the shop. You will then pick a yeast from the grab bag to take home. Please email Jennifer if you are interested in babysitting a beer. I will take the first 7 to respond via email.

WHO: Dan Listermann and 11 other Bloats

WHAT: Divide and Conquer - An Experiment in Yeast for AHA 2008

WHERE: Listermann's Manufacturing WHEN: National Homebrew Day, May 3rd TIME: Plan to be to Listermann's by 4pm

Tivil: Fian to be to Listermanns by 4

Beer Quoted:

These were overheard at March Beer Madness

"Go easy on the Blond(e)."

Scott Lafayette - while stewarding for a Blonde judging

The Blonde was advanced to the next round...

"It was tough enough with those two Blond(e)s."

Jennifer Hermann - while having to decide between the final Blonde and the final Robust Porter. Then the Blonde was advanced to Best of Show...

"This isn't as good as some of Rob's blond(e)s."

Roxanne Westendorf - while tasting the finalists

UPCOMING: May Boards

May 5 . 7:30pm



D&J Manor will host the May Bloated Boards.

D&J Manor: 9985 McKelvey Rd., Cinti, 45231 513-522-2436

Come to Darryl and Jennifer's for the May 5th Board meeting! You are welcome to come anytime after 6pm. We'll have the cornhole boards ready for your action if you'd like to get a game or two in before the meeting which will begin at 7:30. If you'd like to bring munchies, please do!

April Board Minutes

April 7. Phil & Peggy Meyers . 7:30pm

Toast at 7:50 PM

Present: Jennifer H., Darryl D., Rob & Roxanne W., Ray S., Phil & Peggy M., Mike C., Dave H., Ron Z., King S., Bob & Patty S., Dick & Debbie M., Andy M., Mark H., Dave LeB.,

Upcoming events:

April 8th - Homebrew presentation at Emerald Pint Club meeting at Brazenhead at 7PM

April 13th - Ron and Paula at Anthony's Cigar Bar

April 26th – "Drink my wine before I move" – more details to follow

May 3rd – Big Brew Day. Check if any club members are planning group brews

May 5th – Next board meeting at D&J Manor

May 10th – Bloatarian Open at Listermann's

Entry deadline is May 1st. Entries are free for first timers, \$5 for one entry, \$10 for more than one entry Registration to start at 5PM, judging starts at 6 PM

May 26th – Beer & Deer at Westendorf's. Starts at 2 PM, food starts at 4 PM.

June 14th - Raise the Roof, Bloats will have a booth.

Fries Café wants us to start having club meetings at his place. Since the Bloat Open is not being held early, Jennifer proposed that we have our regular monthly meeting at Fries on May 17th. Proposal was voted on and passed.

AHA Conf.

- need spare hands for bottling commemorative mead, tentatively May 4th
- Conference Registration is down to 50 spots left
- Rock Bottom Brewmaster's Dinner is being proposed as an alternate event for those not attending the banquet
- Seminars are set. Dave H. is looking for someone to brew specific beers for one seminar.
- Club night is full!
- Bourbon Trail bus is full, Cinci Day tour and Gourmet Beer Dinner are half full. Darryl will talk to Brian B. whether to add a second bus for the Bourbon tour.

Beer and Sweat – planning is starting, contact Jennifer if interested in helping

Elections - Officer Elections are in November. Nominations are still needed.



Brown Ale Pot Roast with Gravy

Bryan Evenson

This last week I made some pot roast, and in an effort to remember how much I add of everything, I decided to finally write down what I've been doing. Since it's a recipe that involves beer, I thought I'd share it with the club.

INGREDIENTS FOR POT ROAST:

1 T olive oil
2.5 lb boneless chuck roast
Salt and pepper to taste

2 large carrots, peeled and chopped into thirds

2-12 oz bottles brown ale

1 medium onion, quartered

2 cloves garlic, peeled and crushed

2 whole allspice

2 whole cloves

10 whole peppercorns

INGREDIENTS FOR GRAVY:

2 T butter

2 T all-purpose flour

2 to 3 cups reserved liquid (however much you can get)

Directions:

Heat a large skillet to medium high heat. Coat the bottom of the pan with the olive oil. Season both sides of the roast with salt and pepper and brown both sides in the skillet, about two to three minutes per side. When finished, place the roast and the rest of the ingredients in a crock pot and set to low. Cook for at least 8 hours.

When finished, remove everything from the crock pot and strain the liquid through a fine mesh strainer or cheesecloth. Set this aside and let the fat rise to the top. Remove the fat before using to make the gravy.

To make the gravy, melt the butter in a saucepan over medium heat. When melted, whisk in the flour and cook for a couple of minutes to form a light roux. Slowly add the strained liquid to the mixture, stirring constantly to avoid forming lumps. Once all of the liquid has been added, bring to a boil. Boil for at least one minute, and it's ready to serve.

LEFTOVER BEEF STROGANOFF

I usually don't make gravy when I make pot roast. Instead, I usually make beef stroganoff the next day with the leftovers. Here's an alternative use for the leftovers.

Ingredients:

1 T butter 1 small onion, finely chopped

8 oz mushrooms, thickly sliced Pinch of salt 8 oz leftover pot roast, coarsely chopped 1 cup sour cream 2 to 3 cups reserved liquid, cooled overnight and fat layer removed

6 oz extra wide egg noodles

Directions:

Melt butter in a large skillet over medium heat. Once melted, add onions and cook until translucent. Stir in the mushrooms and sprinkle with a pinch of salt to help the mushrooms release their water. Cook until the mushrooms are well browned, about ten minutes.

Add the sour cream and the pot roast, and stir to combine. Add 1½ cups of the reserved liquid and the egg noodles to the skillet. Bring to a boil, then reduce the heat to medium and let cook uncovered until the liquid reduces to a sauce, about ten minutes. If the noodles are not yet done, add a ¼ to ½ cup more of the liquid, reduce the heat to low and put a lid on the skillet. Let the dish simmer for a few minutes. When the noodles are done, let it cook uncovered until the sauce is to the desired consistency. Serve and enjoy.

Directions to Treehouse

From I-71:

- Take the RED BANK RD exit 9. Stay on RED BANK RD.
- Merge onto COLUMBIA PKWY / US-50 W via the ramp on the LEFT toward CINCINNATI (If you end up on Wooster, you have gone too far).
- Take the US-50-TRUCK ramp toward OH-32 / OH-125 / OH-561 (first exit after you get on COLUMBIA PKWY/U.S. 50). Ramp automatically puts you on EASTERN AVE., no turns at the end of the ramp. Stay on EASTERN AVE.
- Turn RIGHT onto HEEKIN AVE (comes up very quickly after getting off US 50).
- Turn SLIGHT RIGHT onto SHATTUC AVE. House is on the right, 5061 SHATTUC. There is VERY little parking on our street, so your best bet will be to park on ARCHER. We are three houses past the turn off for ARCHER AVE.

From Columbia Parkway/ U.S. 50 W:

- Take the US-50-TRUCK ramp toward OH-32 / OH-125 / OH-561 (first exit past the Red Bank exit). Ramp automatically puts you on EASTERN AVE., no turns at the end of the ramp. Stay on EASTERN AVE.
- Turn RIGHT onto HEEKIN AVE (comes up very quickly after getting off US 50).
- Turn SLIGHT RIGHT onto SHATTUC AVE. House is on the right, 5061 SHATTUC. There is VERY little parking on our street, so your best bet will be to park on ARCHER. We are three houses past the turn off for ARCHER AVE.

From East Hyde Park / Erie Ave:

- From ERIE AVE turn onto PINEHURST (intersection near Hap's Pub and Cumin Restaurant, Pinehurst only goes one way here, so only one choice for turning).
- PINEHURST turns into HERSCHEL.
- Stay on HERSCHEL until PRINCIPIO (just past the old Kilgour School construction site)
- Turn LEFT onto PRINCIPIO
- Stay on PRINCIPIO until it dead ends into Ault Park.
- At Ault Park Entrance turn RIGHT onto HEEKIN AVE
- Our street, SHATTUC, is the first street on the LEFT after you get on Heekin (big 270 degree turn)
- House is on the right, 5061 SHATTUC. There is VERY little parking on our street, so your best bet will be to park on ARCH-ER. We are three houses past the turn off for ARCHER AVE.

Jamie and Laura Kite Home 513-871-3641 5061 Shattuc Cincinnati, OH 45208

From Mt. Lookout Square:

- Take Linwood Avenue out of Mt. Lookout Square (going towards the Beechmont Levy)
- Go through two stop lights.
- After the second light, start looking for BEVERLY HILLS (towards the bottom of the hill, and at a big bend in the road)
- Turn LEFT on BEVERLY HILLS.
- When you hit the Y in the road, bank to the RIGHT onto LEBLOND.
- LEBLOND dead ends into HEEKIN.
- Turn LEFT onto HEEKIN.
- Immediately turn SLIGHT RIGHT onto SHATTUC AVE. House is on the right, 5061 SHATTUC. There is VERY little parking on our street, so your best bet will be to park on ARCHER. We are three houses past the turn off for ARCHER AVE.

From Beechmont Levy (Coming from Anderson/Mt. Washington towards Mt. Lookout):

- Go under Columbia Parkway and Beechmont turns into LIN-WOOD.
- VERY soon after it turn into LINWOOD, look for BEVERLY HILLS (second street on the right).
- Turn RIGHT onto BEVERLY HILLS.
- When you hit the Y in the road, bank to the RIGHT onto LEBLOND.
- LEBLOND dead ends into HEEKIN.
- Turn LEFT onto HEEKIN.
- Immediately turn SLIGHT RIGHT onto SHATTUC AVE. House is on the right, 5061 SHATTUC. There is VERY little parking on our street, so your best bet will be to park on ARCHER. We are three houses past the turn off for ARCHER AVE.



Bloated & Quoted

Overheard at Phil & Lisa's group brew:

"I'm drinking a foreign stout, but I don't from what county..."

Sue Bertke

"I like that Dead Head Dogfish stuff..."

Patty Dixon

New and Renewing Members

Welcome to the following New and Renewing Members

Jim Kelsey
Lou Unkrich
Larry Volz
Lance York
Tonya Balzer
Nic Balzer
Joe Geil

Ken & Sue Bertke
Kevin Spatz
Ron & Paula Sup
Rob & Roxanne Westendorf
Doug Edward
Ken Ewing

Remember, without YOU the club doesn't exist! Make it a point to talk to our new members and guests. Offer them some of your beer. Make them feel welcome. If you don't, there's a good chance they'll decide they're not welcome, and they won't come back, and that's not good!

The mailing label shows your membership status. Your renewal date is shown in YY/MM format.